1	4. A method of controlling a receiver station including the steps of:
2	detecting a presence or absence of a cablecast signal transmitted from a remote
3	station;
A	selecting a broadcast signal for reception based on said step of detecting the
15	presence or absence of said cablecast signal; and
16	receiving said broadcast signal based on said step of selecting said broadcast
4	signal for reception.
. 8	5. The method of claim 3, further comprising the steps of:
U	5. The method of claim 5, further comprising the steps of.
.9	controlling a switch to select a cablecast signal input; and
10	communicating a signal from said selected cablecast signal input to a receiver.
11	6. The method of claim 4, further comprising the steps of:
12	controlling a switch to select a broadcast signal input; and
13	communicating a signal from said selected broadcast signal input to a receiver.
14	7. The method of claim 3 or claim 4, further having one step from the group
15	consisting of:
16	programming a processor to control a switch to select a broadcast or cablecast
17	input;
18	programming said receiver station with a plurality of transmission standards for
19	receiving signals from one or more remote sources;
20	programming a processor to assemble, identify, or respond to digital signals
21	detected in a broadcast or cablecast transmission;

1 programming a processor to communicate control signals to one or more 2 controllable devices; programming a processor to respond to an instruct-to-react signal; and programming said receiver to communicate with a remote station via telecommunications network. The method of claim 3 or claim 4, wherein a processor processes a code or 8. 6 datum designating a television channel or a television program, said method further 7 8 having one step of the group consisting of: 9 controlling a tuner to tune a receiver to receive the television channel or 10 television program designated by said outputted code or datum; controlling a selective transmission device to input to a control signal detector at 11 12 least some portion of the television channel or television program designated by said 13 outputted code or datum; controlling a control signal detector to search for one or more control signals in 14 15 the television channel or television program designated by said outputted code or 16 datum; controlling a selective transmission to input to a computer control signals 17 18 detected in the television channel or television program designated by said outputted 19 code or datum; controlling a computer to respond to control signals detected in the television 20 21 channel or television program designated by said outputted code or datum; 22 controlling a television monitor to display video or audio contained in the 23 television channel or television program designated by said outputted code or datum;

1 controlling a video recorder to record or play video or audio contained in the 2 television channel or television program designated by said outputted code or datum; and controlling a selective transmission device to communicate to a video recorder or a television monitor the television channel or television program designated by said outputted code or datum. 9. 7 The method of claim 3 or claim 4, wherein a processor processes a code or 8 datum designating one or more specific channels of a multichannel cable or broadcast signal, said method further having one step of the group consisting of: 10 controlling a tuner to tune a converter to receive the one or more specific 11 channels designated by said outputted code or datum; 12 controlling a selective transmission device to input to a control signal detector at 13 least some portion of the one or more specific channels designated by said outputted 14 code or datum; 15 controlling a control/signal detector to search for one or more control signals in the one or more specific/channels designated by said outputted code or datum; 16 controlling a selective transmission to input to a computer control signals 17 18 detected in the one or more specific channels designated by said outputted code or 19 datum; 20 controlling a computer to respond to control signals detected in the one or more 21 specific channels designated by said outputted code or datum; 22 controlling a television monitor to display video or audio contained in the one or 23 more specific channels designated by said outputted code or datum;

1	controlling a video recorder to record or play video or audio contained in the or
2	or more specific channels designated by said outputted code or datum; and
3/	controlling a selective transmission device to communicate to a storage device o
\int_{4}^{4}	an output device the one or more specific channels designated by said outputted code
(5)	or datum.
6	10. The method of claim 3, further comprising one step of the group
7	consisting of:
8	inputting an instruct-to-contact signal to a processor based on said step of
.9	receiving said cablecast signal;
10	inputting an instruct-to-select signal to a computer based on said step of
11	receiving said cablecast signal;
12	inputting an instruct-to-generate signal to a computer based on said step of
13	receiving said cablecast signal;
14	inputting an instruct-to-coordinate signal to a computer based on said step of
15	receiving said cablecast signal;
16	inputting an instruct-to-overlay signal to a computer based on said step of
17	receiving said cablecast signal;
18	inputting an instruct-to-transmit signal to a computer based on said step of
19	receiving said cablecast signal;
20	inputting to a computer a signal unit assembled in a network based on said step
21	of receiving said cablecast signal; and
22	inputting to a computer executable code assembled in a network based on said
23	step of receiving said cablecast signal

1	11. The method of claim 4, further comprising one step of the group
2	consisting of:
3	inputting an instruct-to-contact signal to a processor based on said step of
4	receiving said broadcast signal;
5/	inputting an instruct-to-select signal to a computer based on said step of
6	receiving said broadcast signal;
7	inputting an instruct-to-generate signal to a computer based on said step of
8	receiving said broadcast signal;
9	inputting an instruct-to-coordinate signal to a computer based on said step of
0	receiving said broadcast signal;
1	inputting an instruct-to-overlay signal to a computer based on said step of
12	receiving said broadcast signal;
13	inputting an instruct-to-transmit signal to a computer based on said step of
l 4	receiving said broadcast signal,
15	inputting to a computer a signal unit assembled in a network based on said step
16	of receiving said broadcast signal; and
l 7	inputting to a computer executable code assembled in a network based on said
18	step of receiving said broadcast signal.
19	12. The method of claim 3 or claim 4, wherein an instruct-to-react signal is
20	communicated or responded to by a computer, said method further comprising the
21	steps of:
22	inputting at least some portion of said broadcast or cablecast signal to a control
23	signal detector; and
	production, and

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The method of claim 3, wherein said received cablecast signal is received, in or in consequence of information communicated via telecommunications network, said method further comprising the step of communicating to a remote station a code or datum designating information contained in or to be delivered in said received cablecast signal.

(b)

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14. A method of controlling one or more of a plurality of receiver stations each of which includes a receiver, a signal detector, a processor, and with each said receiver station adapted to detect the presence of one or more control signals and programmed to process downloadable executable code, said method of controlling comprising the steps of:

receiving at a transmitter station some downloadable executable code (1) which is effective at a receiver station to perform one of the group consisting of:

> (a) selecting and receiving a cablecast signal based on the

> > presence or absence of a broadcast signal; and

selecting and receiving a broadcast signal based on the presence or absence of a cablecast signal;

transferring said downloadable executable code from said transmitter station to a transmitter;

receiving one or more control signals at said transmitter station, said one or/more control signals operate to execute said downloadable executable code; and

(4) transferring said one or more control signals from said transmitter station to said transmitter, and transmitting an information transmission comprising the downloadable executable code and one or more control signals.

- 15. The method of claim 14, wherein said downloadable executable code or some identification data in respect of said downloadable executable code are embedded in a television signal.
- 16. The method of claim 14, wherein a television program is displayed at a receiver station and said downloadable executable code programs said receiver station processor or computer to output video, audio, or text in the context of said television program or to process a viewer reaction to said television program or to select information that supplements said television program content.
- 17. The method of claim 14, wherein said one or more control signals incorporate some of said downloadable executable code.
- 18. A method of controlling a receiver station, said receiver station in a network having a remote intermediate transmitter station and one or more receiver stations, with said remote intermediate transmitter station including a broadcast or cablecast transmitter for transmitting one or more signals which are effective at said receiver station to instruct a computer or processor, a plurality of selective transmission devices each operatively connected to said broadcast or cablecast transmitter for communicating a unit of data, a data receiver, a control signal detector, and a controller or computer capable of controlling one or more of said selective transmission devices,

1	and with said non-statement item stations about the statement of the state
1	and with said remote transmitter station adapted to detect a presence of one or more
2	control signals, to control the communication of specific instruct signals in response to
(3)	detected specific control signals, and to deliver at said broadcast or cablecast transmitte
14	one or more instruct signals, said method of communicating comprising the steps of:
$\Lambda_{/}^{5}$	(1) receiving an instruct signal to be transmitted by the remote intermediate
/6	data transmitter station and delivering said instruct signal to a transmitter, said instruc
7	signal being effective at a receiver station to perform one of the group consisting of:
8	(a) selecting and receiving a cablecast signal based on a
9	presence of absence of a broadcast signal; and
10	(b) selecting and receiving a broadcast signal based on a
11	presence of absence of a cablecast signal;
12	(2) receiving one or more control signals which at the remote intermediate
13	data transmitter station operate to control communication of said instruct signal; and
14	(3) transmitting said one or more control signals to said transmitter before a
15	specific time.
16	19. The method of claim 18, further comprising the step of embedding a
17	specific one of said one or more control signals in said instruct signal or in an
18	information transmission containing said instruct signal before transmitting said
19	instruct signal to said remote transmitter station.
20	20. The method of claim 18, wherein said specific time is a scheduled time of
21	transmitting said instruct signal or some information associated with said instruct
22	signal from said remote intermediate data transmitter station and said one or more

control signals are effective at said remote intermediate data transmitter station to
 control one or more of said plurality of selective transmission devices at different times.

21. A method of controlling one or more receiver stations, said one or more receiver stations in a network of a plurality of receiver stations each of which includes a broadcast or cablecast signal receiver, at least one processor, a signal detector, said signal detector adapted to receive signals from a broadcast or cablecast signal, and said processor programmed to respond to signals from said detector, and said method of controlling comprising the steps of:

- (1) receiving at a broadcast or cablecast transmitter station an instruct signal which is effective at said plurality of receiver stations to perform one of the group consisting of:
 - (a) selecting and receiving said cablecast signal based on a presence of absence of said broadcast signal; and
 - (b) selecting and receiving said broadcast signal based on a presence of absence of said cablecast signal;
- (2) transferring said instruct signal from said transmitter station to a transmitter;
- (3) receiving one or more control signals at said transmitter station, said control signals designating at least one receiver station of said plurality of receiver stations in which said instruct signal is addressed; and
- (4) transferring said one or more control signals from said transmitter station to said transmitter, said transmitter station broadcasting or cablecasting said instruct signal and said one or more control signals to said plurality of receiver stations.

The method of claim 21, wherein said instruct signal or said control signal 1 is embedded in the non-visible portion of a television signal or a multichannel broadcast or cablecast signal that contains video. 23. The method of claim 21, wherein said one or more control signals identifies two of said plurality of receiver stations asynchronously and each of said two receiver stations receive and respond to said instruct signal asynchronously. 7 24. The method of claim 21, wherein a switch communicates signals selectively from a receiver and a memory or recorder to said transmitter, said method 8 further comprising one from the group consisting of: 10 detecting a signal which is effective at the transmitter station to instruct 11 communication; determining a specific signal source from which to communicate a signal to said 12 13 transmitter; controlling said switch to communicate a signal to said transmitter in response to 14 15 a signal 16 which is effective at the transmitter station to instruct communication; 17 controlling said switch to communicate a signal from a selected signal source; 18 and

controlling said switch to communicate to said memory or recorder a signal

which is effective at the receiver station to instruct.

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25. The method of claim 21, wherein a controller controls a switch to
communicate to said transmitter a selected signal, further comprising one from the
group consisting of:
detecting a signal which is effective at the transmitter station to instruct
transmission;
inputting to said controller a signal which is effective to control said switch;
controlling said switch to communicate one or more signals according to a
transmission schedule;
controlling said switch to communicate from a specific one of a plurality of signal
sources; and
controlling said switch to communicate a signal to a selected one of a plurality of
transmitters.
26. The method of claim 21, further comprising one from the group consisting
of: Same
transmitting to a receiver station one or more data that designate a time or a
channel of transmission of said instruct signal or that specify the title of or some subject
matter contained in a unit of mass medium programming or data associated with said
instruct signal; and
transmitting to a receiver station a control signal to cause said receiver station to
tune to a broadcast or cablecast transmission containing a specific instruct signal.
27. The method of claim 21, wherein said one or more control signals further
comprise downloadable executable code targeted to said processor at one or more of